

# **Mississauga Sailing Club**

Located in Ontario, Canada

## **Concussion Management Policy**

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## 1 General

### 1.1 Approval

This Policy was reviewed and approved by the Board of the Mississauga Sailing Club.

Effective date	December 4, 2024
Initial approved date	December 4, 2024
Last reviewed date	December 4, 2024

### 1.2 Overview

This policy applies to all registered participants, coaches, volunteers and individuals involved with the Mississauga Sailing Club (Club) in any capacity. This policy will apply to all sailing activities including but not limited to ongoing registered activities, special events or groups and regattas.

This document should be made readily available to all members of the Mississauga Sailing Club.

## 2 Policy

The Club has agreed to adopt the Ontario Sailing Concussion Management Policy for all sailing activities associated with our club to be in compliance with Ontario laws and Ontario Sailing policies.

The Policy as set by our Provincial Sport Organization is appropriate to all our sailing activities and ensures alignment with best practices as well as legal requirements.

The policy and procedures as approved by Ontario Sailing on February 12, 2019, and updated August 20, 2019 are available on the Ontario Sailing website (<https://ontariosailing.ca>). If Ontario Sailing's policies and procedures change, the Club commits to ensuring that their policy and procedures will remain aligned.

## 3 Operational Procedures

The Club will follow the procedures as laid out in the Ontario Sailing procedures incorporating sign-off of review of resources and Codes of Conduct into our registration process.

Copies of the Concussion Recognition Tool 5 and the Concussion Removal and Return Handout Document will be available in First Aid Kits as well as in the club house.

The Club will take responsibility for decision making in the removal of a participant both during our activities and while traveling to events with participants representing the club. If someone is removed, our team will ensure they communicate the required information and the incident will be reported and their progression through Return to Sailing tracked, ensuring they do not return to the water without written medical clearance.